29 Feb 2014

Dear Parent/Guardian

Sport Opportunities at GCCC:

Welcome to the year of sport at GCCC. We are currently Primary District Cross Country Champions and had several students compete at Regional and State level in a variety of sports so we look forward to another successful year in sport. The purpose of this letter is to inform you of the opportunities in sport for your child this year.

There are many opportunities throughout the year for your child (10 – 12 yrs) to be involved in sport at a variety of levels. Our College Swimming Carnival, Cross Country and Athletics Carnivals are compulsory for all students to participate in and also a lot of fun. At these Carnivals students have the opportunity to qualify for College teams to compete against other schools in the Glasshouse District. As a College we also play Interschool Sport against schools in the Glasshouse area which is named the Glasshouse District and is part of Sunshine Coast School Sport. There are also one or two day competitions such as the Rugby League Development Cup, Mission Foods Primary Schools Netball Cup which the College sends teams to compete in.

Yr 6/7 Interschool Sport:
GCCC plays three weeks of interschool competition each term on a Friday afternoon at the Glasshouse Mountains Sports Club (Beegees). Students in Yr 6 and 7 can trial for our College teams to compete over the three week competition. We take 2 girls teams and 2 boys teams to these competitions. The sports played are Term 1 - Softball, Term 2 - Soccer and Netball, Term 3 - Touch Football and Term 4 AFL. Students will be notified by their class teachers or year co-ordinator as to when trials are. Year 6 team practises will be held on Wednesday and Thursday lunchtimes.

Glasshouse District Sport Representative Teams:
During Terms 1 and 2 trials are held for Glasshouse District Sports teams in a variety of sports. Students from all Glasshouse District Schools can attend the trials and teams are selected from these trials. Students who attend the trial need to be born in 2002 or later and need to be able to play the sport quite well. The Glasshouse District team selected, will train together for a few weeks after school at a local school and then play in a carnival against other District teams from the Sunshine Coast area. At this carnival, Sunshine Coast School Sport teams will be selected in each sport and will compete at Queensland State Championships. It is an honour to be representing the area at these levels and many new and lasting friendships are made with students from other schools.

Early Morning Training
At GCCC we believe our athletes need to be as fit and prepared as possible when going to competitions at varying levels. The Early Morning Training program is available to all students and aims to improve fitness and skills needed to compete well in swimming, cross country and athletics. Students are able to choose to perhaps train just for swimming and do not need to commit to the year of training across all disciplines. This training is run by the PE teachers.
Training is held every Tuesday and Thursday morning, 7.30 – 8.10 am, with students meeting at the Beerwah Pool for swimming or at the SUA for cross country and athletics. We have seen great improvements from students who participate in this program.
Dates of trials and competitions are attached to this email for your information. Students will usually be reminded about the opportunities but it is their responsibility to get the correct forms from class teachers or PE staff and take these to District Trials. Forms and information will also be on the College website. District Trial forms will need to be accessed from the website or a paper copy may be obtained from the PE office. The first trial of the year is Cricket which will be held on Monday 3 February. Please see the PE staff if interested in this trial as we do not have details of the trial yet.

Please not hesitate to phone or email the PE staff for more information about any of the above information.

Kind regards

Wendy Stott
Primary PE

Cheryl Bryers
Head of Primary

Jacqueline Vreeling
Head of Middle School
District Sport Trials and Interschool Sports

Term 1

Swimming:
Feb 4 Tues  GCCC Swimming Carnival Trials
Feb 5 Thurs  GCCC Primary Swimming Carnival 9 yrs – 11 yrs 9 – 2.45pm
Feb 6 Fri  GCCC Secondary Swimming Carnival 12 yrs – Open 9 – 2.45pm
Feb 21  Glasshouse District Swimming Carnival – Beerwah Community Pool
Mar 4  Regional Swimming Carnivals - Caboultre

District Trials
Feb 7  Cricket
Feb 12 & 13  Softball Girls
Mar 6  AFL - Landsborough
Mar 11 & 12  11 & 12 yrs Netball
Mar 18  Tennis - Landsborough
Mar 19  Rugby League
Mar 25 & 26  Girls and Boys Soccer

Interschool Sport Yr 6/7- Friday
Softball: Feb 28, Mar 7, Mar 21, Mar (if wet Mar 28)

Rugby League Development Cup – March 18 TBC

Term 2

Cross Country:
April 29  GCCC Cross Country – Beerwah Sports Grounds
May 19  Glasshouse District Cross Country – St Michaels College
June 3  Regional Cross Country Carnival – Buderim

District Trials
April 28  Touch Football
June 4  Softball Boys
June 17  Rugby Union – Maleny

Interschool Sport Yr 6/7- Friday
Soccer/Netball: June 6, 20 & 27

Term 3

Athletics:
July 24 Thurs  GCCC Primary Athletics Carnival 9 yrs – 11 yrs, 9 – 2.45pm
July 25 Fri  GCCC Secondary Athletics Carnival 12 yrs – Open, 9 – 2.45pm
Aug 14/15  Glasshouse District Athletic Carnival – Beeges Sports Ground
Sept 9/10  Regional Athletics Carnival – Sunshine Coast University

Interschool Sport Yr 6/7 – Friday
Touch Football: Sept 5, Sept 12, Sept 19

Term 4

Rugby League Tag Gala Day – Nov

Interschool Sport Yr 6/7 – Friday
AFL: Oct 17, Oct 24, Oct 31

Early Morning Training: Tuesdays and Thursdays 7.30 – 8.10am
Swimming, Cross Country and Athletics training