From the Principal

Trivia Night a colourful success

Anyone who attended last Saturday night’s P and F Trivia Night will know that it was a great night of fun, friendship and fund raising. I would like to take this opportunity to thank Alaina and Mark Westaway who did a terrific job of organising the night. Thanks also to everyone who attended and joined in the spirit of the night. A very special congratulations to the Bright Sparks (silver table), the winners of the inaugural title and the $200 cash prize. There will be more detailed coverage of this event in the P and F section of the newsletter. Approximately $700 was raised from the night.

Update on Cathy Richardson’s son, Chris

Many of you are aware that Cathy Richardson’s (Year 2 teacher) son, Chris has been battling an aggressive form of bone cancer and Cathy has needed extended leave in order to care for him during his treatment. I know Cathy has been touched at the outpouring of generosity she has received from many members of the GCCC community and I would like to pass on an official thank you on her behalf. Unfortunately, parking and travel remains expensive so if you were in a position to donate some money towards Chris’ plight those donations would be warmly received. There is more information on how Chris is going in Primary News but can I ask you all to continue to uphold this family in your prayers and thoughts.

Mrs Janice Van der Heijde has been teaching Cathy’s class after she had to take leave. I am pleased to say that Janice will be continue in this capacity until the end of the year.

Farewell and Welcome

It is my sad duty to let you know Year 3 teacher, Tony Parker will be leaving us at the end of Term 2. He was employed on a one year contract and this will expire at the end of this term. Mr Parker is a dedicated and thoroughly professional teacher who has set a very high standard of behaviour and class work for 3M. He has been committed to helping students achieve their best. I would like to thank Tony for all of his positive contributions to the College and to the lives of his students.

As of next term we will welcome back Mr Brett Costin to the College. Mr Costin taught at GCCC in 2009 and 2010 before he left to teach overseas. Mr Costin
From the Principal continued

has experience teaching across all sectors of the Primary school and has special interests in learning with technology. I know that he is very much looking forward to returning to GCCC and being able to spend more time with his new grandson.

Kitchen Garden’s Cuppa for Cancer

On Wednesday 13 June, our wonderful Kitchen Garden Coordinator Mandy Ward together with her terrific team of volunteers, hosted Australia’s Biggest Cuppa for Cancer. The food was delicious, plentiful and enjoyed by young and old. The event only went for a couple of hours yet raised an amazing $471. Well done to everyone who contributed by cooking, hosting, donating and participating.

Fiji Mission Trip

Over these holidays 20 senior students, staff and volunteers will be leaving our shores for the Fiji Bible College in Lautoka. There they will spend the next few weeks helping the Bible College and the local community in various capacities such as construction, performing dramas and running after school activities, along with leading bible studies and home fellowship groups. Many of our students visited during the mission trip last year and are keen to return. This is a wonderful opportunity our students have to shine the love of Christ into a desperately poor community. The staff members attending are Mr and Mrs Fraser, Mrs Woolston, and Mr Daniel along with Mrs Annette Daniel and Mr Ross and Mrs Donna Newell.

Halfway there

The school year is already halfway over but what a semester it has been! I hope you all enjoy the school holidays and use the opportunity to relax with friends and family. If you are on the road, please drive safely.

Mike Curtis

Pause and Ponder

There are a lot of good reasons for being good. Being good can keep you out of trouble, make life easier or result people like you more.

However, being good for good’s sake is not going to cut it with God. God wants us to be and do good because we love him and not for any other reason. When Jesus told off the church as Ephesus, they were doing lots of good things but they did not love God. Rev. 2:4 says that they left their first love.

Good behaviour should be because we love God not to make life easier for us or keep us out of trouble. When was the last time you were or did good as an act of loving God?

PRIMARY NEWS

Update on Mrs Richardson’s son Chris – Cathy Richardson was teaching Year 2 earlier this year.

Many of you would be interested in the article which appeared in the Sunshine Coast Daily on 17 June regarding Chris, Cathy Richardson’s son (Chris) who is currently undergoing chemotherapy.

Copyright regulations prevent us from reprinting the article but the story talked about Chris’ love of sports, how his illness will affect him and how he is coping with the chemotherapy.

Chris is only 14 years old and has an aggressive bone cancer which began with pain in his right knee. The condition was diagnosed in April this year and Chris’ life has already changed dramatically. Although Chris had to undergo major surgery and faces a year of chemotherapy, one of the really difficult times was when his doctor told him that he would not be able to do the sports he loved such as cross country, football and any contact or running sports.

At heart, Chris is a strong and cheerful teen so he is bravely facing the future and exploring what kind of sports he will be able to enjoy when he is better.

The Richardson family has received support from GCCC, the sporting clubs, their church and Chris’ school and a fund has been set up called ‘Chris Conquers Cancer fundraising appeal’.

Donations can be made directly through Suncorp Buderim BSB 484-799, Account 2031 09933 or by visiting www.chris.org.au

Cheryl Bryers
**Primary News**

**Nikita's Journey**

On the Prep Mothers Night, we said goodbye to our sunny-natured, fun-loving class member, Nikita, before she headed off on a family holiday in New South Wales. None of us could have foreseen that this precious little one would be involved in an accident just days later, which saw her needing a significant operation to stabilise her neck and spending the next month in hospital.

Nikita was hit by a car as she set out to cross the road with her parents. Despite the troubles, her loving parents acknowledge the many blessings along the way including that the car involved was small, Nikita’s dad was able to give instant resuscitation, paramedic help was there in three minutes, the medi-vac team included a former colleague of Nikita’s dad and the hospital staff have been great.

Through all of this, many people at the College have been praying for Nikita and celebrated her progress. We were able to provide some gifts and even send her a personal ‘we miss you’ message on radio 96.5 last Friday. The Prep children have been so faithful in their care of their special friend and were delighted to welcome Nikita back to school last week. Nikita will wear a halo for the coming months, but we pray that she will have a happy birthday without it on! Despite all she has been through, this courageous little girl has kept on smiling, and we thank God for her.

*Lin Smith*

**Queensland University of Technology Year 6 Excursion**

During Week 8, Year 6 spent the day at QUT’s Caboolture campus for the ‘Explore Uni Program’. The focus of the day was to make students aware of what TAFE and University were and to demystify tertiary study through:

- presentations about university life
- interacting with tertiary students from various degrees
- touring the campus environment
- having hands on experience as to what some of the courses offered at QUT involve

Year 6G were challenged to build the strongest supports for a brick using just two A4 pieces of paper and in another activity they then had to design a marketing campaign for a particular product. Meanwhile 6M had to design and make a bridge structure to support as much weight as possible with only 25 Paddle Pop sticks and an extremely small tube of super glue. All bridges passed the weight test - if only the Gateway Bridge had been built a few years later.

Year 6M also had to design and create garments for either the Winter or Summer seasons and justify their design choices in relation to materials, colour and style.

Overall, an excellent day was had by all and we do want to say a big hearty thank you to our parent helpers on the day, Mr Anthony Vobr and Mrs Britt Holley.

*Glenn Eggleston*
Wunya To You!

Wunya! That means welcome in the local Aboriginal language. On Wednesday 13 June, the Prep to Year 2 students of Glasshouse Country Christian College had the pleasure of listening to Lyndon Davis from the Gubbi Gubbi tribe.

Mr Davis entertained the students by playing his didgeridoo and then explained how didgeridoos were made. The students were fascinated to learn that termites began the process by eating out the hollow branch and then the men would use shaping stones to shave off the bark before painting designs on them.

After explaining how breathing vibrating your lips helps to create different noises, Mr Davis demonstrated some pretty cool Australian animal calls including a laughing kookaburra and a howling dingo.

Mr Davis also spent some time teaching the students about the local mountain names and what they stand for in the Aboriginal folklore.

Emma Offord

IT’s Happening in French (Information Technology)

This semester Primary students explored the use of iPads in French. Year 5 created imaginary families. They designed family members on various applications. Students then used another application called ‘Book Creator’.

They wrote in French and embedded their photos and recordings to create their own, French speaking books. The process, gave the required repeated language practise, so necessary to learning a new language, with some students perfecting their pronunciation to native fluency.

“I’ve never seen such eager fingers move touch, swipe, drag and drop objects and follow instructions in a foreign language so accurately and simply!”

Why not Practise French at home?

Computer games in French, allow students the opportunity to practise vocabulary learning in an interactive and engaging setting where language learning is fun and challenging.


www.zut.org.uk/

The above URL’s will link you to 2 free language programs available at home and are ideal for parents who may be interested in assisting their children but uncertain about pronunciation. These sites provide basic vocabulary and correct pronunciation. From your child’s perspective it will feel like playing games rather than homework!

Nadine Hammill

Prep to Year 4 students enjoyed some traditional folk tales on the iPads, songs in French, and various applications like ‘Feed Me!’

I,Bunyip

Do you know what a Bunyip is? What about a Yawk Yawk or the other fascinating creatures that live in Australia? From the makers of the acclaimed Earth’s Dinosaur Petting Zoo, don’t miss this new work filled with enchanting characters just waiting to meet you! Developed in consultation with five different Indigenous communities, I,Bunyip portrays the mystical world of creatures from our Indigenous folklore.

Lake Kawana Community Centre will be presenting two performances on Tuesday 3 July at 1.30pm & 6.30pm.

Cost to attend is $20 for adults, $15 for children or group of 4 (min 2 children) for $60. Tickets can be purchased in advance by phone on 5413 1400, online at www.scvenuesandevents.com.au, or at the Lake Kawana Community Centre Box Office, located at 114 Sportsmans Parade, Bokarina. Tickets can also be purchased at the door on the day.

Our very own Mrs Vicky Childs was so inspired by Lyndon Davis’ visit, she made her own didgeridoo and began busking in the playground to a large group of delighted Preppies.

Mrs Childs is thinking of following up her performance with a few worship songs on the guitar although she is hoping that no one will notice that she can’t actually play the guitar!
Primary News

Students of the Week
Term 2, 2012

PREP MAROON
(Mrs Dodwell/ Mrs Lindsay)
Jayden Neideck
Joel Newell
Keira Lerch
Mackenzie Godwin
Mark Bell
Sam Porfiri
Thomas Quinn
Courtney Bond

PREP WHITE
(Mrs Smith)
Ebonee Kroger
Lily Smith
Rylan Reeve
Harry McCaughhey
Brianna Albrand
Harry Boroughs
Amyliah Harrison
Caitlin Stolz

1G
(Mrs Hay)
Jade Korczynski
Lara Korczynski
Kaylee Marjoribanks
Dominick Raja - Grieve
Adelie Tomokino
Bodhi Robinson
Zac Warne

1W
(Miss Pollard)
Rachel Owen
Lainey Grieve
Jack Lecky
Lachlan McIlvray
Joshua McKellar
Patrick McKinnie
Tyler Reeves
Conner Knapp

3G
(Mr Parker)
Ellie Thompson
Declan Hutchinson
Sam Ritson
Taina Sambrook
Justice Moller- Cole
Briony Spencer
Abigail Stolz
Lily Harding
Amity Roser
Chelsea-Ann Johnson

5G
(Mrs O’Donnell)
Holly Lubcke
Connor Anderson
Nicholas Dwan
Penelope Clifford
Christian Jensen
Kayla Ellsworth
Tara Fissenden
Dylan Myers

5M
(Mrs Lowther)
Kate Jackson
Lachlan McWilliam
Josh Bull
Maya Amendolia
Eric McLeary
Reagen Lister,
Lauren Brockhurst
Mitchell Long
Tomas Lunt

6G
(Mrs Jen)
Stephanie Freeman
Alana Hall
Cruz Hildreth
Savannah Malan
Lachlan Ross
Rebekah Woodhead
Kyara S
Claire Cornel

6 M (Mr Eggleston): Matthew Koschel; Ella Mitchell; Gabriella Jacobson
Louis Vobr; Aaron Lerch; and Georgia Childs

KIDS HOLIDAY FUN CLUB
'Follow the clues to solve the mystery'
Age: Grade 1 to 7
Date: June 26 & 27
Time: 9am to 12 noon
Where: Church on the Rise, 68 Peachester Rd, Beerwah
Cost per day: $7.50 for first child, $5 per child for extra siblings
Email: therise@people.net.au to enquire or register.
Limited places so register early.

FREE CHILDREN’S FOOT CHECKS AT QUT CABOOLTURE CAMPUS
THURSDAY, 5 JULY 2012

Give your child’s feet the best possible start!
• Footwear advice
• Orthotic advice
• Foot/ankle pain
• Heel pain
• Tripping/falling
• Flat feet/pigeon toes
• Registered podiatrists
• Athletic shoe advice

Bookings are essential via email
Email nicole.todd@qut.edu.au
QUT Caboolture
corner of Tallon and Manley Streets
For enquiries, please call (07) 3138 7568.

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healthclinics.qut.edu.au
Goodbye Guillaume de Givry

French exchange student Guillaume de Givry is almost at the end of his three month stay at GCCC and the list of things he will miss when he leaves Australia are growing longer every day.

The 16 year old Parisian will mostly miss the friends he has made at GCCC, his host family the Uttings and the beautiful Australian climate. He hasn’t even begun to wear long sleeves yet!

Guillaume says that the biggest difference between Paris and Australia is the schooling experience. In Paris the school day is much longer and students sit down to a buffet-style cooked lunch every day. However, what he loves about GCCC is the larger choice of subjects, easy access to computers, friendlier teachers and having chapel where the senior students sing and pray. Guillaume has especially enjoyed making a car in Design Technology and making a helicopter in Industrial Technology. It is no surprise to learn that his favourite teacher is Mr Hampson.

When Guillaume leaves Australia on 7 July, he will take back fond memories of iconic Australian experiences such as visiting Australia Zoo, watching the rodeo at Jandowae Timbertown Festival, and seeing draught horse ploughing at the Jondaryan Woolshed.

Centacare Children First Holiday Program

A program for children aged 5-15 years who have experienced separation or divorce in their families will be held on July 2, 3, 4, 5, 6 from 10am to 12 noon.

The cost is $95 for one child and then $75 for each additional child. Concessions are available.

The program will be held at Centacare Catholic Family and Community Services, 58 Morgan Street, Fortitude Valley Qld 4006.

For more information, please ring 07 3252 4371.

SEMESTER 1 REPORTS

Secondary Semester 1 reports will be posted on Friday 13 July. Please ensure that you read all the information contained with the reports on how to book Parent/Teacher Interviews and also on the upcoming Senior Information evening on 1 August. Parent/Teacher interviews are on 24 & 25 July.

GUIDANCE OFFICER BOOKINGS

If you feel you would like a meeting with a Guidance Officer, please register your interest with Mrs Sue Fraser by sending an email to sue.fraser@gccc.qld.edu.au and we will arrange a date and time in the near future.

CAREERS EXPO

All Senior students will be attending the Sunshine Coast Careers Expo on Thursday 19 July.

2012 FIJI MISSION

We are heading off to Fiji from Thursday 5 July – Monday 16 July and taking 20 wonderful GCCC senior students. You will read about our adventures early next term in a report in the newsletter. Please pray for our safety and that we will impact the community that we are serving in.

YEAR 7 & 8 ELECTIVE CHANGE

Year 7 & 8 students have just completed a semester and it is time to change to their new electives. Please ensure your child has the correct equipment ready to go next term.

Semester 2 timetable electives:

- Year 7G electives are Music, Art, Computer Studies
- Year 7M electives are Design Technology, Interior & Fashion Design, Computer Studies
- Year 7W electives are Dance, Industrial Technology, Computer Studies
- Year 8G electives are Design Technology, Interior & Fashion Design, Business Studies
- Year 8M electives are Dance, Hospitality, Computer Studies
- Year 8W electives are Hospitality, Interior & Fashion Design, Business Studies

Stationery and equipment needs for these electives are:

- Music - A4 music book
- Art – A3 Spiral Sketch book & a glue stick
- Computer Studies – A4 display book
- Design Technology – A4 botany book & a document wallet
- Interior & Fashion Design – A4 botany book, A4 display book & 0.4mm black marker
- Business Studies – A4 display book
- Dance – A4 display book & an A4 exercise book
- Industrial Technology – A4 botany book & a document wallet

RESTOCK FOR SEMESTER 2

Now is a good time to check your child’s stationery and equipment so that they are restocked and ready for a new semester. The following is an extract of the stationery list from the commencement of the year:
Australian Government assistance for National Capital excursion

Year 7 GCCC students undertook an educational tour of the national capital in March this year. While on this tour they participated in a variety of educational programs focused on Australia’s history, culture, heritage and democracy. You would have read of their activities in our 30 March newsletter.

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist you (the parent) in meeting the cost of the excursion the Australian Government is contributing funding of $60 per eligible student under the Parliament and Civics Education Rebate (PACER) programme toward the travel expenses incurred. This contribution will be paid directly to the school upon completion of the excursion and paperwork.

We would like to thank the Australian Government for their support of this program. We hope that the excursion is a rewarding experience for all students.

Look for https - A cybersafety tip

Websites that begin with https and not simply http are housed on a secure server where information is encrypted when transmitted. Whenever you are asked to transmit sensitive information such as credit card details or personal information, you should ensure that the website is using a secure server. Most banking and shopping websites do use secure servers but before you enter in any information, double-check that the website begins with https.

You can also set your Facebook profile to only be viewed on a secure server. This can be activated by accessing your security settings and enabling secure browsing. This simple step will ensure better security for the information you share online.

A quick peek around the Middle School at the end of Term 3

Year 9M enjoyed a “Winter Warmer” devotion last Friday with hot chocolate as they gathered around a virtual campfire. They came with the required additional accessories ready for the occasion. Thank you Miss Gook for the cosy lesson.

Fundraiser for Finley - The last Friday of Term was Free Dress Day for a gold coin donation. Money raised by Middle School will go towards supporting a young Caloundra child who has cerebral palsy and needs a specialised wheelchair.

Alternative Programs.

Students have been working hard in the last few weeks on finalising and completing assessments. On Wednesday Year 8 and Year 9 did not have regular classes from 1st to 2nd break but instead enjoyed/shared performances and dramas as well as some community-builder/fun activities.

Year 7s had an alternate program on Friday from 1st to 2nd break. The focus was: ‘You’re Great’ and students reflected on ways to encourage each other and better understand themselves.

Our focus this term has been this verse from Philippians: ‘Therefore encourage one another and build each other up, just as in fact you are doing. Now we ask you, brothers, to respect those who work hard among you, who are over you and who admonish you. 13 Hold them in the highest regard in love because of their work. Live in peace with each other.’

I pray all Middle school students and their families will have a well-deserved and restful break.
Considering a gap year?

Taking a gap year can be an excellent way to gain life and work experience before pursuing further study or career goals.

Are you looking for a break after finishing high school to travel, volunteer or earn some money? Whatever you decide, having a clear plan for how you want to spend your gap year and what you want to get out of it is essential.

Come to the Maroochydore campus of Sunshine Coast TAFE on Thursday 13th September to hear about the pros and cons of taking a gap year as well as the opportunities available to you.

When: Thursday 13th September 5pm – 7pm
Where: Sunshine Coast TAFE Maroochydore campus 170 Horton Parade

You can access career and study information and speak to representatives from Sunshine Coast TAFE, Latitude Global Volunteering, University of the Sunshine Coast Career Connection, Sunshine Coast Youth Partnership and Volunteering Sunshine Coast about your gap year options.

To RSVP visit www.qyil.com.au or telephone (07) 5443 4322

Jenny Ritson

Premier’s Reading Challenge

Registrations for the Premier’s Reading Challenge have now closed. For those involved enjoy reading over the holidays and remember to record titles on the Reading Record Forms.

Term 3 Date Savers

Book Fair

Book Fair will run from Tuesday Aug 21 to Thursday Aug 23. Book Fair is a whole school reading event where students, parents and Grandparents are warmly invited to the library to view and purchase a wide selection of Scholastic titles. Mark the dates in your diary and stay tuned for more details.

MS Readathon

The MS Readathon has been moved to Term 3 and more information will be available to register in upcoming newsletters.

Please note that the library will be closed over the holidays.

Have a fantastic break and enjoy curling up with a great book. All students have been encouraged during this week to keep reading over the holidays and many have borrowed from our “holiday reads” display. I look forward to hearing about their reading adventures in Term 3.

See you in the library,

Vanessa McKellar

The Year 9s made a pH Column recently. There has been one displayed in the lab window with the following description:

‘The concentration of hydrogen ions (H+) in a solution is measured using the pH scale.’ (Pearson Science Year 9). The scale ranges from pH 1 to 14, with 1 being the most acidic, and pH 14 being the most basic (or alkaline). pH 7 is neutral - which is neither an acid or a base and this is where pure water fits on the scale.

In the pH Column, vinegar (an acid) and Sodium carbonate (a base) were added to water. Universal indicator was also added. This reacts with acids and bases to give us different colour ranges for different pH values, which is what you can see in the measuring cylinder.

Jenny Ritson

Library Opening Hours

Prep – Year 9 Students:
8:15am – 3:15pm
Year 10-12 Students:
8:15am – 4.00pm

Homework Club:
Every Thursday for Years 7-12 from 3.15pm to 4.15pm

Project SHIELD

This program is a new approach to preventing alcohol-related harm among teenagers. Funded by the NHMRC, Project SHIELD offers parents a brief and practical home-based session designed to minimise the risk of alcohol-related harm to their teenager.

For more information ring 07 3346 4833 or email: projectshield@uq.edu.au
Date Claimer 1 August - For Year 10 and Year 12 Parents and Students
Please make a note in your diary now to keep the evening of 1 August free. We will be holding an information evening for all our senior students who will soon be making plans about their future education, work and training. We will have guests from QTAC, TAFE, the Defence Forces, three universities, the Technical Trade Training Centre and also Apprenticeship Centres. More details soon.

SET Plans for Year 10 students
In third term all year 10 students are required by the Government to complete a Secondary Education and Training Plan to cover them up to the age of 18. Each student, along with their parent/s, will have an interview with College staff to develop the plan. SET Plan interviews will be held between 6/8/12 – 17/8/2012. Bookings will be made electronically like Parent Teacher interviews. Details as to how to book your SET Plan interview time will be in Student reports mailed out at the beginning of Term 3.

University Experience Day.
On Wednesday 6 June all Year 10 students visited the University of the Sunshine Coast for the day. Students participated in two activity sessions to find out more about University life. Between the two activities students socialised over lunch. A great day was had by all with many students now rethinking future options.

Ten ways to find a future career.
Are you a student thinking about subject selection or QTAC applications coming up next term? Maybe you think you know what to do but not quite sure? Maybe you have NO IDEA what direction you want to go after year 12. Here are some things you can do to help you through this tricky time.

1. ATTEND CAREER EXPOS. In the first week of Term 3 we will be taking all senior students in years 10, 11 and 12 to the Sunshine Coast Daily Career Expo at the University of Sunshine Coast Stadium on 19 August. The display is also open in the evening until 7pm if parents want to attend with their children. There will be lots of displays and people to talk to from training institutions, employers, apprenticeship centres and more. On 21 and 22 August there will be a huge Tertiary Studies Expo in Brisbane at the Showgrounds. This is like the Sunshine Coast one but bigger. Students grappling with which way to go can talk to staff from a range of institutions about what they can offer.

2. ATTEND OPEN DAYS at Universities/Colleges/Training Organisations that you think might be of interest. If you are thinking of paying a lot of money to get your training and set yourself up for life, take the time to look at your prospective trainers so you can make a proper choice. Most Open Days are in July and August. Go to the website and most institutions will already have information about their Open Day. USC is Sunday 12 August 10am – 3pm, QUT Caboolture is Sunday 19 August 9am – 2pm, ACU Banyo Open Night is on 25 July.

3. COME TO OUR PARENT EVENING. On 1 August we will be having a parent evening for Year 10 and 12 parents and students. We will be explaining the information you need to know and will also have guests from TAFE, Unis, Defence Force and others to talk to. A staff member from QTAC explain to the Year 12s how to make a QTAC application. If your student is in Year 10 or 12 please make a date claimer for the evening of 1 August in the Church.

This website is funded by the federal and state governments. In the My Guide section there are quizzes you can do which will generate some occupation and career possibilities to start you thinking.

5. MINI CAREER EXPLORER. In the MyFuture Website go to http://www.myfuture.edu.au/MiniCareerExplorer/index.html This interactive task, which takes about 5 minutes, will throw up 5 suggestions of possible occupations to get you started.

6. BULLSEYE POSTERS. In the MyFuture Website go to http://www.myfuture.edu.au/Assist%20Others/Activities/Bullseye%20posters.aspx This page provides heaps of occupations under subject topics such as Art or Rural Studies or Industrial Arts or Languages (and many more). If you know broadly what you are interested in this will give you lots of good ideas.

Have a lovely safe holiday everyone. See you next term.
Natasha Shows her class at Regional Cross Country

A record number of ten GCCC students ran their hearts out at the Sunshine Coast Regional Primary Cross Country Championships in Buderim last week. The calibre of athletes at the championships was very high with many State and National champions competing and very fast times were run.

Natasha Hoeksema had been training hard and showed her class running exceptionally well in finish 8th in the 12 year girls 3km race, running over a minute faster than she ran at the District Cross Country. Natasha is a great distance runner and will continue to do well.

Mackenzie Stokes also ran a gutsy race and took almost a minute off her personal best time finishing in 18th place in the 10 year girls race.

Twelve years boys, Jack Fissenden, Harrison Newell and Ryan Einsporn all began strongly and run aggressively against very talented opposition, resulting in all boys taking about 30 seconds off their personal best times. They finished very creditable 17th, 19th and 21st respectively.

Nick Dwan, Tomas Lunt, Harrison Still, Dylan Myers and Jasmine Small also competed well enjoying the experience of representing the Glasshouse District and competing at this level. We all look forward to similar success next year.

Cheerleading Regional Competition 2012

The GCCC Cheerleaders had their first competition last Sunday at the Logan Metro Sports Complex in Browns Plains. We had two teams entered for this competition, our Primary and our Secondary teams. The girls arrived with excitement and nerves. The competition is always tough as schools and clubs from around South East Queensland come together to compete.

Our Primary team performed in the morning session and did a great job. All of the stunts were well executed and the girls smiled beautifully, their enjoyment shone out. It was a nervous wait as the countdown of places were being announced, we were excitedly not hearing our name and it came down to first or second. The parents erupted with cheers as we were announced in second place. I am so proud of the girls for their concentration and teamwork throughout the routine. The smiles in the photos say it all. Well done girls. With a few minor changes to the routine we are energized for the next competition in August.

Our Secondary girls performed in the afternoon session and executed a more timid routine than usual. It is a new team this year and the girls seemed slightly overwhelmed by the crowd and looked a little more scared than excited. They did however, perform a clean routine and all of their stunts were completed. We now need to just add the ‘facials’ and ‘sell’ the routine, which is the easy part! They have learnt a lot and again and with a few minor changes to the routine will perform in August with more confidence. I am very confident the secondary team will shine in the next competition.

Thank you to Kris Freeman and Kate Fraser who arrived early and helped apply glitter and hair bows throughout the day. With so many girls, it is wonderful to have their help. Thank you also goes to the parents who cheered loudly for our teams and who have been so supportive to the cheerleading program. With great results like this it will be another exciting year for cheerleading.

Christine Scott
Sports News

Fantastic Netball Opportunity
If you are keen on netball this is your opportunity!

GCCC is aiming to send two teams to the 2012 Mission Foods Primary Schools Netball Cup which is being held in Toowoomba in October. Girls in Year 5, 6, and 7 are invited to trial for the teams on Friday July 20, Week 1 Term 3 at GCCC. Information about the trials and competition will be sent home in Week 1 or may be collected from the GCCC office.

We have competed in this competition for two years now and the girls have improved their netball skills and had a lot of fun together as a team. We have built a very competitive team and look forward to doing well this year.

For further information contact Mrs Stott at GCCC.

Brisbane Lions Cup Competition
The Year 7 girls recently competed in the Brisbane Lions Cup Competition on the Sunshine Coast. Twelve teams from across the Sunshine Coast were involved and the girls were a bit tentative to begin with, but soon found their “footy brains” and tackled hard, often and with ferocity. We were able to win through to the quarter finals, but unfortunately lost to the eventual runners up by only seven points! As a result of their fine efforts on the day, the girls have been invited to play at halftime of the Brisbane Lions v St Kilda game at the Gabba on the 14 July. This is to celebrate the AFL’s Women’s Round which acknowledges the many different roles women play in Australia’s number one sport.

The Grade 7 Girls team is:
Elise “energetic” Ellwood
Lilli “jumping” Janeljanenko
Jillissia “twinkle toes” Thomas
Abbey “big bad bustling” Brockhurst
Shannon “head and shoulders above everyone” Howard
Ruby “swiftly” Sharpe
Emma “the wrestler” Wrigley
Natasha “hardness” Hoeksema
Ruby “the runner” Rogers
Hannah “johnno” Johnson
Rani “rugged” Weir
Jacqueline “the Rock” Roach
Reese “Stepho” Stephens
Georgie-Leigh “goal sneak” Snow
Courtney “spectacular” Shuttleworth

Exciting Year 6/7 Interschool Sport
The Year 6/7 teams have had two weeks of competition against other Glasshouse District school teams and are playing really well, being very competitive in each division.

The A Division Netball girls have won every game by at least 10 goals and are dominating the A competition. Mick Spann says that in the game against Beerwah the girls gave away a number of goals early in the match but showed good team spirit and made an very impressive come back to win it by 10 goals. Mick’s players of the competition so far are Caitlyn Smith, Tegan Gisler, Tash Hoeksema, Emily Grigor and Megan Kennedy.

The Year 6 Soccer team is also undefeated with only one game remaining before finals. They have won every game thanks to some fantastic goal keeping by Marcus Knight, even saving a dot shot, and great play by all the team has ensured their wins.

The Year 7 Soccer team improved their team play retaining possession of the ball in week two and recorded three wins. They now have four wins and two losses.

The B Division Netball team has really improved over the two weeks with several girls in the team new to netball. Eloise Grigor has been fantastic shooting many goals from all around the circle. They have also recorded four wins and two losses.

We all look forward to the final week of competition.

Wendy Stott

Russell Modlin
GCCC Athletics Carnival Coming Up Soon!

The GCCC Primary and Secondary Athletic Carnivals are coming up on Thursday 26 July (13 years – Open) and Friday 27 July (9 – 12 years) at the Beerwah Sports Grounds. We are looking forward to two great days of competition and fun. Tent decorations, house cheering and house coloured dress ups will all add to the gala atmosphere of the day. Which house will be crowned champions?

We would greatly appreciate parent/guardian help during the carnivals to ensure they run smoothly. If you are available to assist during the carnival, please contact the PE staff or the College office on 5439 0033.

Trials will be run for the 100m event to divide students into divisions to eliminate having heats on Carnival day. The trials will be run on Tuesday 24 July at College and students need to run to the best of their ability so that accurate race divisions can be drawn up.

Primary students will run during first break; 10.45am – 11.30am and secondary trials will take place during second break; 12.45 – 1.30pm. Parents are welcome to come and watch or help out during those times.

Students need to wear College sports uniforms on this day and appropriate footwear for running. It may not be a regular sport day for all students.

Christine Scott

Sports Reports 13/06/2012

Boys Softball

The boys team lost both their games yesterday. They lost their first game 4-3 in a nail biter. They lost their second game 7-3. Player of the day was Maxy Williamson.

Girls Softball

In our first game against Caloundra Christian College we won convincingly 7-0. The girls didn’t crack under pressure and got seven home in a row. Our second game against Caloundra City Private was much more of a challenge. Batting was superb and we struggled a little in the outfield. Through the safe hands of our backstop Samarah, we were able to get three out and only allowed four to get home. We then batted strongly enough to make a draw. 4-4. Player of the day was Samarah.

Netball

GCC vs CCC, team A defeated CCC 12 - 0, team B defeated CCC 5 - 2.
GCC vs CCS, team A defeated CCS 6 - 4, team B defeated CCS 7 – 3.
We managed to win all our netball games and the best player was Maddison Larfield.

Our second netball team played an attacking first game outscoring CCC by 17 goals. The next game against CCPS was more of a challenge and we had to strategize by playing an attacking first half and very defensive second half, the game plays worked and we won the game 6 - 4. This was our last netball game for the season and we were only defeated once.

The girls played each game with a winning attitude and made some new friends along the way. Well done to the whole team! The stand-out girls for the season were our two rep. Netballers (Erin Hughes and Samantha Ruhle) who came into each game with a great attitude and a willingness to be team players, they were often shifted into different positions depending on the game play, they offered advise to the other players and played to their best each game. Their constant upbeat attitude and skills were a great value to the team and this rubbed off onto the other players.

Girls Ultimate Frisbee

We finished on a draw 4 all with CCC. The top players were Taylor Andrews and Andrea Curtis.

Boys Ultimate Frisbee

The conditions were tough for our frisbee teams with blustery windy conditions making it tough to convert. Still the boys worked hard against tough opposition. Final scores were:
CCS 4 Def GCCC 2; CCPS 5 Def GCCC 2. Best players were Lucas Tidy and Jordan Wright.

Girls OzTag:

The girls played in two dominant performances and showed wonderful team spirit.
Game One vs CCC 15-2; Game Two vs City: 5-3. Two Best Players were Andrea Little and Felicity Tasker.

Boys OzTag:

The boys went out to preview the type of characteristics required to win a state of origin match but unfortunately fell short, losing the first game 11-4. However, a huge improvement was made to come flying home with a 5-2 win. Two Best Players were Jake Hoeksema and James Beutel.

Basketball

Despite losing both games the boys never gave up and played with true grit and determination right to the end. Lachlan McCaig played really well as the captain along with Chris Gibson and Cynan Lindsay.

Matt Beattie

Coles Sports for Schools

Don’t forget to collect your vouchers when you shop at Coles, Bi-Lo or Pick ‘n’ Pay stores.

Thanks to everyone who has contributed to the program so far.

Christine Scott

Matt Beattie
This fortnight in Kitchen Garden the Prep and Year 2 classes enjoyed making some delicious three-veg chocolate muffins (from the KGP cookbook), which along with incorporating orange and zest, had three ‘hidden’ veggies of pumpkin, sweet potato and although the recipe called for zucchini, we used some grated choko. This is a great way to hide the goodness of vegetables in a tasty treat – ideal for the kid’s lunch boxes!

The Year 1 and 3 classes made some gingerbread to tie in with the Year 1’s visit to the Ginger Factory this week. They also got to examine some fresh ginger as well as plant some and discover how the plant grows.

Lots of jobs were attended to in the garden during classes, including a big clean-up of garden beds and paths before the holidays commence. Strawberries, pineapples and sugar snap peas are starting to bear...not that they make it into any recipes, as they are far too irresistible and are gobbled up fresh from the garden!

I would like to extend a BIG thank you to all who attended and baked for the Biggest Morning Tea. It was an incredible effort by so many willing helpers and $471 was raised for cancer research.

If you are able to spare half an hour during the holidays to do some watering in the garden, please let me know so I can arrange a time and day to suit. Your help over the holidays is very much appreciated and you are very welcome to harvest and take home from the garden while you are there.

Mandy Ward
mandy.ward@gccc.qld.edu.au
Hi Everyone,

I am still recovering from our Inaugural Trivia Night on Saturday night. As you can see from the photos it was a fabulous evening, filled with fun and laughter!

Congratulations to the Silver team (The Bright Sparks) for taking out first prize! Thank you everyone who came along for putting so much effort into decorating your teams/tables. There was so much colour and food!

Congratulations to the Orange team for winning best decorated table. I have never seen orange custard tarts before and I am not sure I want to again! I also want to say thanks to all those who helped set up and pack down on the night, as well as those who helped keep the evening running smoothly.

The atmosphere of the night was wonderful and it was lovely to see so many people attend. We will definitely plan another one for next year! I hope everyone has a fabulous, safe and well deserved holiday and come back all excited about Funfest!!

looking forward to catching up with you there! Cheers.

Alaina Westaway
pandf@gccc.qld.edu.au

Don’t forget to read your regular Funfest newsletters. They are also on the GCCC website under College Life, P and F.
Easy ways to develop independence in kids

If you are anxious about your child’s safety and tend to be more protective than you want, then start creating JUNIOR VERSIONS of independent living, so that kids can learn to stand on their own two feet rather than be dependent on you.

A major challenge for parents is to find ways of safely moving children from being reliant on adults to a position of independence. This can be tough because your natural instinct is to nurture them.

Training for independence starts from a young age and continues into adolescence and beyond. Developing independence is one of the best ways to promote self-confidence.

When you teach children to do jobs for themselves, you send a powerful message that you believe that they are capable. Your actions speak louder than words.

Developing independence in kids can be tricky these days. Recently I heard a brilliant, yet deceptively simple idea that all parents can use to develop independence in their kids of any age.

I attended an advanced presentation skills seminar, conducted by Australian professional speaker Glenn Capelli.

Glenn said that many speakers complicated matters for audiences, making things too complex. One way of making it easy for audiences to learn is to create a JUNIOR VERSION of whatever we are talking about.

He likened this to the way that many sporting bodies have now developed modified versions of adult sports, so kids can learn the basic skills of the sport in fun, enjoyable ways.

I had one of those light bulb moments as I listened, and realised that effective parents create JUNIOR VERSIONS of the GAME all the time to help kids develop the skills of self-sufficiency and independence from a very early age.

Here are some examples:

1. We get toddlers to smooth the doonas and arrange their teddies on their beds – that’s a JUNIOR VERSION of making a bed.
2. We encourage early primary school kids to make snacks, prepare breakfasts and help prepare a meal. That’s a JUNIOR VERSION of cooking an evening meal.
3. We drive primary school kids half way to school and let them walk the rest. That’s a JUNIOR VERSION of walking to school.
4. We let an early teen go to a local cinema with friends. That’s a JUNIOR VERSION of going out without adult supervision.

There are plenty of ways to create JUNIOR VERSIONS of independent living every day so kids can become more self-sufficient.

What JUNIOR VERSIONS of independent living are you creating for your kids?

If you are anxious about your child’s safety and tend to be more protective than you want, then start creating JUNIOR VERSIONS of independent living, so that kids can learn to stand on their own two feet rather than be dependent on you.

Remember, REDUNDANCY is your aim as a parent!

Similarly, one way for kids to develop self-help skills is to create JUNIOR VERSIONS of what you already do, so they can develop the skill-sets needed to look after themselves, and help out the rest of the family.

Now that’s an idea worth thinking about!

Want your kids to help more at home without being paid? Get your FREE kids’ Chores & Responsibilities Guide when you subscribe to Happy Kids, my regular newsletter for parents at www.parentingideas.com.au.

Comment: www.twitter.com/michaelgrose

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